



COMMUNITY CONNECTIONS

SENSE OF BELONGING

For this year's Vital Signs, Community Foundations of Canada created a national theme of Sense of Belonging. At the Community Foundation of Lethbridge and Southwestern Alberta we provide opportunities for connections, community growth and a positive sense of well-being for citizens of all ages.

VitalSigns[®] 2015

WHAT IS VITAL SIGNS?

Vital Signs is a report taking the pulse of southwestern Alberta. The purpose is to expand awareness of issues in our communities and the response to these issues.

The goal is to encourage discussion and inspire actions that will improve the quality of life for everyone in our region regardless of economic circumstances.

KEY IMPACT AREAS

Vital Signs looks at the vitality of southwestern Alberta in the following key impact areas.



Community Connections



Living Standards



Healthy Communities



Lifelong Learning



Environment

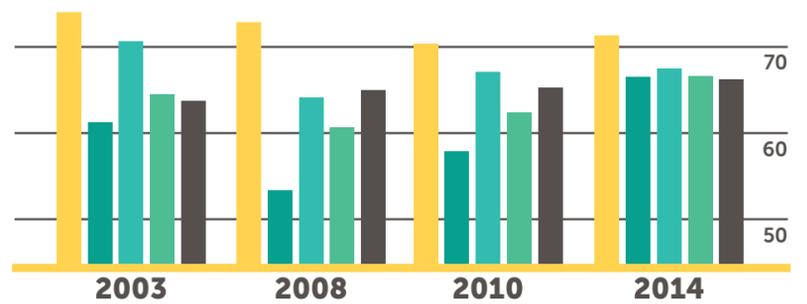


Cultural Life

Southern Alberta is Strongly Connected

Since 2003, the South Zone has maintained the **highest provincial ranking** in citizens feeling a sense of belonging in their community.

● SOUTH ZONE* ● ALBERTA AVERAGE *South Zone includes all of southern Alberta communities south of Calgary
● CALGARY ● CANADA AVERAGE
● GRAND PRAIRIE



What does Sense of Belonging mean to you?

2015 Vital Signs Focus: Youth

This report brings awareness to issues and challenges facing youth in our key impact areas. It also features initiatives undertaken by community organizations throughout the region.

"It is very rewarding to attend a community event you were instrumental in organizing and watching the interaction and smiles of all involved."

Joanne Monner,
Librarian
Milo

"To me, a sense of belonging means feeling that you can trust those around you to accept you as you are and to support you as best they can."

Dan Vanden Dungen,
School Principal
Vauxhall

"I know that I belong in my community because of the relationships I've made over the past 20 years. There is a genuine interest in the lives of my neighbours and I feel they are genuinely interested in me and my family."

Scott Korbett,
Real Estate Associate
Pincher Creek

The results are in:

Lethbridge Citizen Survey shows **98% satisfaction with overall quality of life.**

2014:
 Very good **44%** Good **54%** Poor **1%**
 *rounding difference of 1%

1st Neighbour Day Boosts Community Spirit:

2,500 residents participated in 15 events in **12** Lethbridge neighbourhoods on June 13, 2015.

Research Indicates:

Loneliness is associated with a variety of mental and physical diseases that can shorten life. In fact, being lonely has as much impact on your health as obesity and smoking.

2nd Annual Youth Week:

From May 25th to 30th, 2015, the 2nd Annual Youth Week connected Lethbridge and area youth to programs and services designed specifically for them.

- **14** drop-in programs and open houses.
- **250** Breeze Cards offered free transit to youth for the week.
- **400-500** people attended wrap-up BBQ at the Galt Gardens.

HOW THE COMMUNITY FOUNDATION HELPS

2013-2015 **\$490,000** Grants **75** Communities **30**

Funding for: Community halls, recreation centres, libraries, theatres, museums, playgrounds and parks.

Communities: Barnwell, Barons, Cardston, Claresholm, Coaldale, Coalhurst, Coutts, Crowsnest Pass, Fort Macleod, Glenwood, Granum, Hays, Hill Spring, Lethbridge, Lethbridge County, Lomond, Magrath, Milk River, Nanton, Nobleford, Picture Butte, Pincher Creek, Raymond, Stavely, Stirling, Taber, Vauxhall, Warner, Waterton, Wrentham



FOOD FOR ALL

Since 2009, **1 in 2** households accessing a food bank in Lethbridge have children.



Food for Thought

Lethbridge Soup Kitchen serves:

- **26,500** meals/year
- Average **85** people/day
- Serves **4,248** litres of soup for evening meals at the Emergency Shelter
= **14,950 10 oz. cans of soup.**



Did you know?

- The Boys and Girls Club feeds an average of **100 youth** between 6 and 18 years of age at their Tuesday night drop-in.



- A Blood Tribe community survey showed **93%** support for a full-line grocery store in Stand Off.

What is in a typical household food hamper?

- Non-perishable food items, a potato product, meat, dairy (where available), and nutritious snacks.
- Fruits and vegetables can be chosen by clients themselves.
- Hygiene and sanitary supplies, soap, diapers, baby formula, 'birthday bundles' for kids under 12.



From 2011 to 2014, Lethbridge College Students' Association food bank gave out **284 hampers** to students ranging from single individuals to 8-person families.

For the 2014-2015 school year, University of Lethbridge Students' Association food bank handed out **273 hampers** with January and February showing the greatest times of need.

Solution-based Pilot Program: Project Protein

Food banks across our region continuously face a lack of meat donations. Project Protein is a specialized program, the first of its kind in Canada, which connects regional food banks with local farmers who wish to donate an animal for meat processing. Local farmers can donate livestock and receive a market value tax receipt on the dressed weight of the animal(s).

Donations may be allocated to participant food banks: Interfaith (Lethbridge), Picture Butte, Taber, Coaldale, Lethbridge Food Bank and Vauxhall.

2014:
Total Donations Received:
54

Total Cows Donated:
35

Total Hogs Donated:
19

Number of Hampers with meat*:
7,675

*at 2 pounds per hamper

"In fall 2016, a full-line grocery store is set to open in Stand Off on the Kainai First Nation to provide affordable, fresh, healthy food products to on-reserve First Nations members who currently have no alternative to convenience-store food."

- Rob Crow, Director, Blood Tribe Economic Development



Further details on these indicators and sources can be found at www.cflsa.ca

RURAL TRANSPORTATION

Transportation

The Claresholm and District Transportation Society provides affordable and accessible transportation for seniors and persons with disabilities, primarily for out of town medical appointments.

In 2013, the Community Foundation granted \$15,000 to help purchase a wheelchair accessible van for Claresholm and District Transportation Society to expand into Vulcan County.

Why is this an important service?

"Anyone lying in a hospital bed and contemplating how they are going to get to a medical appointment is experiencing a frightening, daunting task! You are not only physically injured, you are emotionally fragile."
- Client, Claresholm and District Transportation Society

Vehicles in service:

6

Riders on 1,113 trips:

3,000

Average number of clients per day:

5

Trips per month:

100

Distance of the average trip:

180km

In 2014, the annual distance traveled between Claresholm, High River, Okotoks, Calgary and Lethbridge:

200,000km

HOW THE COMMUNITY FOUNDATION HELPS

2013-2015
\$66,000

Grants
8

Communities
4

Funding For: Food banks, men's shelters, transportation and soup kitchens

Communities: Lethbridge, Pincher Creek, Taber, Vulcan

HOUSING & HOMELESSNESS

WHAT IS HOMELESSNESS?

A person or family living in homelessness does not have stable, permanent, appropriate housing, or the immediate prospect, means and ability of acquiring it. Most people do not choose to be homeless, and the experience can be negative, unpleasant, and distressing.

Did you know?



The government could spend **\$120,000** a year supporting 1 person experiencing homelessness (when adding criminal justice, addictions and health care systems costs)

OR

\$20,000 a year supporting 1 person with housing and wrap-around preventative support from above-mentioned systems.

Youth Hub: Lethbridge Leading the Charge for Youth

As a leading city working toward homelessness reduction, Lethbridge has incorporated the Housing First approach in solution-based programming. It is difficult to quantify homeless youth. Young people can cycle through couch surfing, shelters and live on the streets. Locally, this issue presents major challenges, and yet shows the progress that collaborative efforts city-wide have successfully supported youth in finding permanent housing.

- **1 in 5 individuals** experiencing homelessness in Lethbridge are youth between 15 and 24 years of age.



- **43%** of the homeless population are formerly children in provincial care.
- **250** youth were supported in 2014 through the Youth Hub program.
- Youth are among the fastest growing and most underserved of Canada's homeless population. The number of homeless youth in Canada is estimated to be approximately 65,000.

Families and Income

12% of the Lethbridge population lives on low income. **19%** of children **under 6 years of age** live in a low-income family, the highest proportion in Alberta for children in the most formative years.

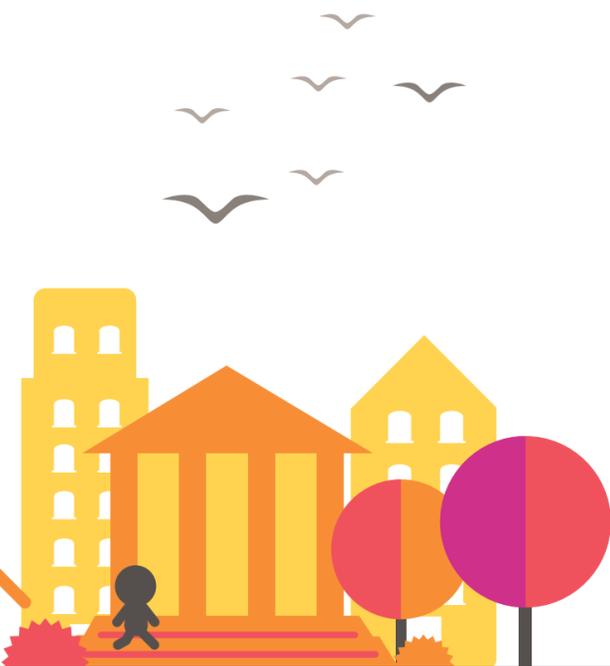
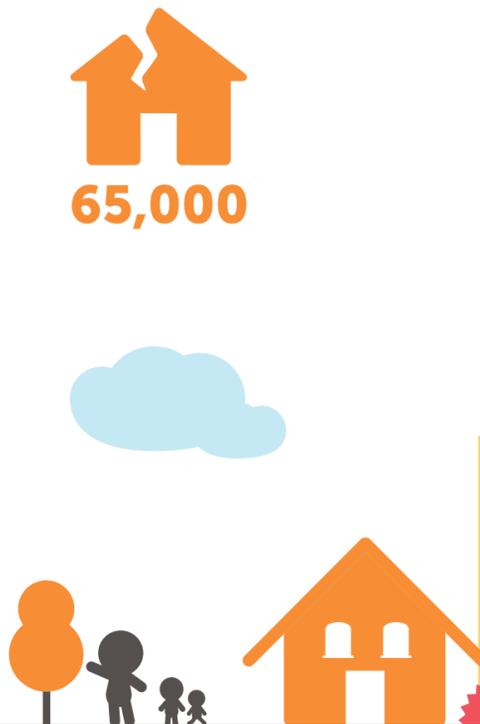


Childcare accounts for the **greatest** cost in a family's budget, leaving low income families very little means to acquire housing and food.



Cost of Childcare in Alberta

Single parent with 1 child = **\$5,640** annually
 Couple with 2 children = **\$13,990** annually



Housing First

Housing First initiatives consider housing as a *fundamental human right*. Clients are first provided with housing support. Stable housing assists clients to more effectively work through their challenges, gain independence and access other community support.

Housing First Referral Programs through McMan Youth Hub:

YWCA Hestia Homes: Supports clients aged 18-24 by providing housing with a roommate/mentor with the goal of transitioning to living in the community.

McMan Post Release/Discharge: Supports chronically homeless clients of all ages after being released from long term incarceration or hospital psychiatric stay.

McMan TIP (Transitions to Independence Program): Supports youth aged 16-24 who have protection status with Child and Family Services.

Blackfoot Family Lodge Society: Supports individuals and families relocating to Lethbridge from a Reservation.

CMHA (Canadian Mental Health Association) Youth Outreach: Support clients aged 18-24 who have been assessed to have complex needs. Supports them in finding housing and assists in skill development for maintaining housing.

Wood's Homes: Supports youth aged 16-24 to find and maintain housing, with a focus on clients under age 18.

YWCA Women's Residence: Supports women of all ages needing assistance onsite and housing needs in the community.

CIS (Clinical Intervention and Support) Team: Supports chronically homeless clients of any age who have complex needs and require intensive levels of intervention and support.



HEALTHY COMMUNITIES



COMMUNITY FOUNDATION
LETHBRIDGE + SOUTHWESTERN ALBERTA

ACTIVE LIVING & PHYSICAL LITERACY

Childhood obesity and rising inactivity among children threatens the future health of Canada's population. The problem needs to be addressed now if we are to prevent a generation of children growing up with chronic health problems.

Snapshot:

In the South Zone region, nearly 40% of youth self-report being overweight or obese; this has **doubled** since 2007.

2007:	2009:	2014:
20.6%	15.9%	39.5%

Physical Literacy

Collaborative efforts are required to educate our youth, engage citizens and communities to take a proactive role in prevention and making physical activity fun and accessible for all ages.

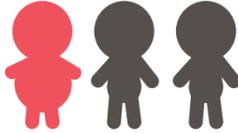
"The goal of physical literacy is to help children understand their environment and make appropriate decisions while moving confidently and with control. It is through physical literacy that a child will develop the confidence and motivation to become active across their lifespan." - Austin Davenport, Be Fit for Life Centre, Lethbridge College

Startling Reality

Today's life expectancy of youth is **5 years less** than their parent's generation.



Today, **1 in 3** Canadian children is overweight. Twenty-five years ago, it was 1 in 50.



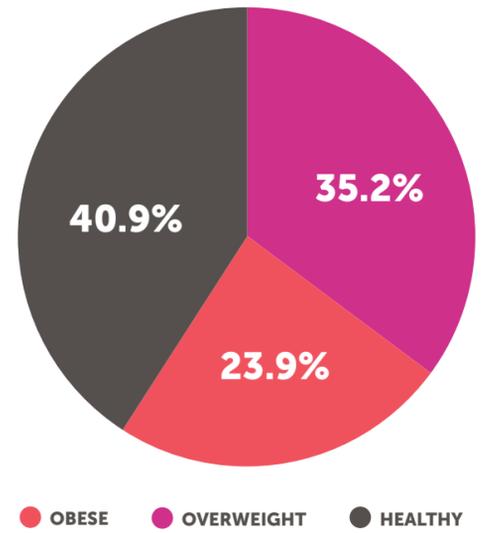
The World Health Organization estimates that 42 million children worldwide are obese. This number could rise to **70 million** by 2025 if current trends continue.



Did You Know?

As of July 2015, **6 of 10** Albertans are considered overweight or obese.

2014 Statistics Canada Reports:



Further details on these indicators and sources can be found at www.cflsa.ca

ACTIVE COMMUNITIES:

Cardston Kids Marathon

2015: Participation

- **1,200** students K-9 plus staff, parents and community members.
- Each person ran **42 Kilometers** (26.2 miles) throughout the school year.
- Marathon Day: Cardston and the surrounding community ran the final **2.01 km** (1.25 miles) as a group.
- 7-year total km = 32,940 miles or **53,012km**, equivalent to: 1.3 times around the world.



"The marathon has encouraged daily exercise to be more normal, and it has really become a fabric of the Cardston community. I really feel the community involvement is setting a good example for our kids in that every step counts." - Patricia Beazer, co-founder of the Cardston Kids Marathon

Be Fit for Life Centre, Lethbridge College: Serving Lethbridge and Region

2014-2015:

The centre takes a leadership role in educating communities about physical literacy and practical options for increasing physical activity.

- Active Programs and Events – **4,762** participants (2,738 children and youth).
- Presentations and Workshops – **1,752** participants (133 children and youth) in 14 communities.
- Working with PLAY (Physical Activity and You) Lethbridge and PLAY Coaldale collaborative groups.

Play Ambassadors: Porcupine Hills Area

Nanton, Claresholm, Granum, Stavelly and the MD of Ranchland have taken on physical literacy leadership roles by adding to existing programming for children under 6 years.

Terry Fox Run: Milo

In the past **27 years**, the Milo community has run **23,270km** which is equivalent to running across Canada **2.96** times.



HOW THE COMMUNITY FOUNDATION HELPS

2013-2015
\$286,000

Grants
38

Communities
16

Funding For: Youth camps, special needs equipment, seniors' centres, skate parks, ball diamonds, rodeo grounds, playgrounds, recreational centres

Communities: Barnwell, Cardston, Claresholm, Coaldale, Coutts, Granum, Hill Spring, Lethbridge, Lethbridge County, Milk River, Nanton, Nobleford, Taber, Vulcan, Warner, Waterton



YOUTH MENTAL HEALTH

There are countless news stories about the mental health challenges youth face at home and in school. Bullying, body image issues and stigma all contribute to a lack in overall well-being.

SAFETY

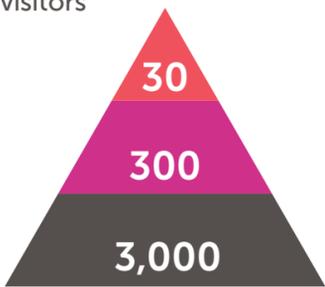
The majority of crimes committed by youth nationally occurs between 3:00 pm and 6:00 pm.

Youth One

New after-school drop-in centre specifically designed for students aged 14-18 that integrates community referrals and educational support. Youth One delivers presentations on self-harm/injury and suicide prevention.

Since January 1, 2015:

- **30** youth/day average participation
- **300** youth registered
- **3,000** visitors



Mental Health Stigma across Canada

Of youth under age 25 living with mental illness, **60%** say they have experienced the impact of social stigma.

Social stigma is one of the major barriers preventing people from seeking help.

Family Violence: Canada-wide

- Represents **25%** of all police reported violent crimes.
- **70%** of the victims are female.
- **26%** of adults report they had experienced physical abuse in childhood (2012).

Did you know?

- **95%** of all teens between ages of 12-17 years of age are using the Internet in some form or another.
- Cyber-bullying: **1 in 10** Canadian youth have fallen prey to bullying on social network sites.

"Seeing the healthy change in their lives, friendships building and how we can help provide youth with support is the whole reason that we started Youth One."
- Jordan Schellenberg, Director Youth One

National Snapshot:

Percent of Canadian youth living with a mental illness or disorder:

10-20%

Teenagers at risk for developing depression:

3.2 Million

Children with mental health issues that receive help:

1 in 6

2nd

highest hospital care expenditures are treatment of mental disorders in youth.

GirlSpace, YWCA

Goal: To provide a fun, interactive gathering space where girls learn valuable life skills and social skills through various programs. It is designed for girls aged 8-17 and has been **operating since 2004**. GirlSpace hosts group discussions on stereotypes and current issues facing girls and women. It focuses on empowerment and confidence through the Girls with Tools program and Leadership Camps.

Harbour House, Lethbridge YWCA

People who visited the YWCA for help in 2014-2015:

6,000

Total residents in Harbour House from 2014-2015:

535 (308 Women and 227 Children)

Total residents in Harbour House from 2009-2015:

3,114 (Women and Children)

Number of people turned away in 2014 and 2015:

1,218

(376 Women & 842 Children)

Number of people turned away in 2013-2014:

425

Why are people turned away? Where do they go?

"There is a lack of affordable and safe housing in our area. Most of the women and children turned away end up returning to their violent environment. We are seeing stronger public understanding about safety options regarding violence against women and seeking out services for help." - Kristine Cassie, CEO, YWCA

FARM SAFETY

The Farm Safety Centre is located in Raymond and provides a rural farm safety program for students in public schools and Hutterite Colonies throughout the region. The Safety Smarts Program has been in operation since 1998.

In addition, Alberta Health Services offers injury prevention programs such as Safety Days for school-aged children.

Alberta Statistics:

- **51,144** students in 2,507 rural classrooms in Alberta participated in the Safety Smarts Program.

- Alberta Health Services Farm Safety Programs reached **3,000** individuals in the South Zone.

Did you know?

- **Agriculture ranks as Canada's 4th most hazardous industry.**
- Drowning is the **2nd** leading cause of agricultural-related death of children in Alberta (**20%**). Between 1990 and 2009 all children who drowned were younger than 9 years of age, while dugouts were the most common location of these drownings (**57%**).
- For children under 20 years of age, there are on average 50 emergency room visits each year due to farm-related injuries.
- The causes of these injuries to children were most often a result of contact with large machinery (27%), struck by a large animal (16%), or due to falls (10%).

LIFELONG LEARNING



COMMUNITY FOUNDATION
LETHBRIDGE + SOUTHWESTERN ALBERTA

Early Childhood Development Mapping Project Results

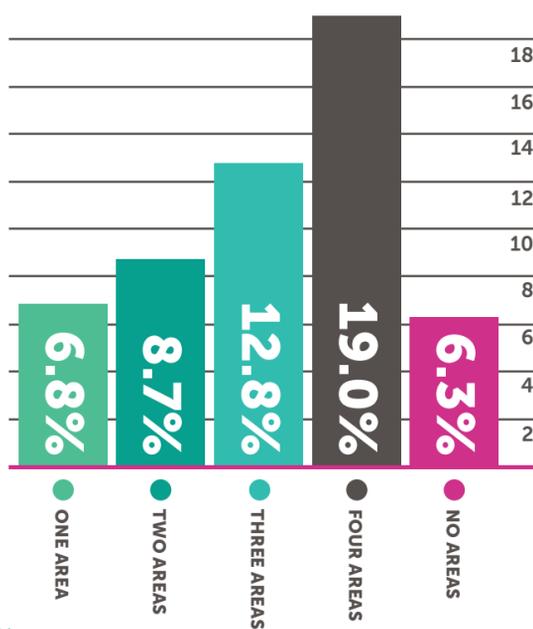
Many children in Lethbridge under 5 years of age experience great difficulty in one or more areas of development.

One or more areas:	Two or more areas:
• Canada: 24.5%	• Canada: 12.4%
• Alberta: 28.9%	• Alberta: 14.7%
• Lethbridge: 29.5%	• Lethbridge: 15.3%
• Southwest Alberta region range: 10.3% to 33%	• Southwest Alberta region range: 2.3% to 15.6%

Only 46% of Alberta's children 5 years of age and under are developing appropriately

Kindergarten students in Alberta who are developing appropriately in:

- One area: 4,788 (6.8%)
- Two areas: 6,117 (8.7%)
- Three areas: 8,955 (12.8%)
- Four areas: 13,313 (19.0%)
- Not developing appropriately in any area: 4,457 (6.3%)



Further details on these indicators and sources can be found at www.cflsa.ca

5 Areas of Development

1. Physical Health and Well-Being
2. Social Competence
3. Emotional Maturity
4. Language and Thinking Skills
5. Communication Skills & General Knowledge

Action by Early Childhood Coalitions

Communities throughout the region have established Early Childhood Coalitions in an effort to bring awareness to the results of this research project. Coalitions raise public awareness of the importance of the early years and spark community interest in actively supporting healthy development of our children.

The Transition

The most critical period in a child's life is from birth to age five are the most critical period in a child's development. A child's early experiences and environments have a lifelong impact on everything from mental and physical health to success in school, work and relationships.

Did You Know?

- **Over 100** early childhood community coalitions were formed in Alberta to respond to the 5-year research project.

100+

- Alberta has the fastest growing population of preschool children in Canada.



Opokaa'sin Early Intervention Society

- **126** daily participants (children, youth, adults)
- **8** programs per week
- Monthly = **200** individuals
- Annually = **300** families.
- A **400% increase** in the number of families and children since 1996.

"Established in July of 1996, Opokaa'sin has been an innovative early intervention best practice in southern Alberta for nearly twenty years. Opokaa'sin, meaning 'children' in Blackfoot, serves the southern Alberta and Treaty 7 area. Our vision is that of Proud, Healthy, Connected and Resilient First Nations families. Through culturally appropriate services and innovative partnerships, Opokaa'sin has become a hub for Aboriginal families in southern Alberta."

– Tanya Pace-Crosschild, Director Opokaa'sin

RENOWNED YOUTH PROGRAM

Why Focus on the Trades?

The Government of Alberta projects a 96,000 skilled labour shortage by 2023. Alberta's Registered Apprenticeship Program (RAP): **1,400 high school students registered.**

Stepping Away Program

The program serves Lethbridge youth experiencing homelessness, family violence and poverty. It offers trades-based education in a college environment outside of high school classes. It is a successful collaboration of local agencies in education, health care and mental health.

Nationally, it is a renowned program for instilling leadership skills and preventing high school drop-outs. Students earn high school credits for studying in these trades:

- **22 years** of changing lives of young people
- **880** students averaging 20 students/semester with 2 sessions each year.

Stepping Away Program (continued)

Trades: Carpentry, Small Engine Repair, Welding and Culinary Arts, Workplace Hazardous Materials Information System (WHMIS) and First Aid Certificates.

"Traditional classrooms are not always ideal, especially for teens experiencing personal and family challenges. Stepping Away offers an adult environment with college expectations and practical trades-based education, allowing students to excel in their own way." – Rod Dueck, Vice Principal, Victoria Park High School

HOW THE COMMUNITY FOUNDATION HELPS

2013-2015 \$63,000	Grants 26	Communities 6
------------------------------	---------------------	-------------------------

Funding For: Youth camps, special needs equipment, seniors' centres, skate parks, ball diamonds, rodeo grounds, playgrounds, recreational centres

Communities: Coaldale, Claresholm, Crowsnest Pass, Lethbridge, Taber, Vulcan

ENVIRONMENT

Lethbridge Urban Forest Canopy

Lethbridge has an extensive tree canopy with **43,461** public city owned trees.

- **20,964** street trees and **22,497** in parks and open spaces

Did You Know?

There are **91** species of trees growing within the tree canopy of Lethbridge, with the top three being green ash, American elm and white poplar.



Did You Know?

50-70 of the birds picked up by the Birds of Prey each year are Great Horned Owls and Swainson Hawks.

Volunteers rescue and relocate ducks and nestlings from residential areas to the wetlands area surrounding the Birds of Prey Centre.



Parks and Open Spaces

23% of the Lethbridge land base is public green space. This adds to our quality of life and provides the environmental benefit of water retention which significantly reduces runoff into the storm sewer system.

The 2014 Lethbridge Citizen Satisfaction Survey reveals that parks and open spaces are the **2nd** most important service provided by the City (after fire prevention) with 94% of citizens ranking parks as important.

- Watering of the parks: **41%** of the water used is rainwater through storm ponds and irrigation and is not potable.
- Lighting of the parks: As of 2015, all roadways and park lights have been converted to LED lights. Total number of lights: **13,021**

Annual environmental benefit of 43,461 public trees:

- Storage of over **128 million** kg of CO2 (approximately equivalent to the carbon produced by 25,000 cars in a year - given an average car owner produces 5,000kg of CO2 per year).
- Improves air quality through the capture of 24,000kg of air-borne pollutants.
- Saves an estimated 18,000 gigajoules of electricity (equivalent to the annual electrical use of 600 homes).
- Intercepts over 331,000 cubic metres of rainfall from entering the storm water system.

Coaldale: Alberta Birds of Prey Foundation

In spring 2015, the Community Foundation granted \$10,000 to improve the pathway at the Visitor Centre at Alberta Birds of Prey Foundation. Since 1982, this 100% donor-sponsored organization in Coaldale has been rehabilitating and releasing injured birds from across southern Alberta back into the wild. They participate in captive breeding, releasing endangered species and educating the public on habitat stewardship. This includes school groups and visitors from across the region.

2014:
109
Birds Rescued

2010-2015:
553
Birds Rescued

12,253
Visitors

75
Tours Given



Conservation and Environmental Efforts

"Our site is a thriving, award winning prairie wetland home to a diverse range of birds, ducks and even Western Painted Turtles. Our ponds were specifically designed to provide important flood relief for residents of Coaldale and the surrounding County of Lethbridge."

- Colin Weir, Executive Director and Co-founder of the Alberta Birds of Prey Foundation



HOW THE COMMUNITY FOUNDATION HELPS

2013-2015
\$41,400

Grants
7

Communities
6

Funding For: Biking trails, municipal parks, Nature Centre, picnic shelters

Communities: Cardston, Coaldale, Crowsnest Pass, Granum, Lethbridge, Warner

CULTURAL LIFE

35 Regional Libraries Thrive Online

- Population of region: 193,000 residents
- 2014 Checkouts: **1.7 Million**

eBook Borrowing

400% growth rate between 2011 and 2014.

2011: **2,500**
(items/month)

2012: **4,900**
(items/month)

2013: **7,500**
(items/month)

2014: **10,400**
(items/month)

Music at Casa

Since 2012, a total of 1357 people have attended 374 classes in visual arts with a 30% increase in Music Conservatory registrations:

Total*:
1,448 (2013)
2,095 (2014)

* For private lessons, orchestras, choirs, Kindermusik, suzuki violin/piano and guitar classes.

"[With University of Lethbridge Conservatory of Music moving downtown to Casa], we, as musicians and teachers, have come together as a community to work more closely and effectively with each other."

- Joanne Collier, Voice Instructor, U of L Conservatory of Music

Galt Museum and Archives

By accessing the museum online, you can see:

- **3,000** of the **20,000** artifacts featured at the museum.
- **80,000** of the **700,000** archival photos.

From 2010-2014, there was a 15% increase in visitors, of that increase, 93% were online.

Total Visitors:
76,466 (2010)
87,887 (2014)

Online Visitors:
31,511 (2010)
42,108 (2014)

Did You Know?

Claresholm Society for the Arts Recently ran the musical "Fame" with 21 actors and 130 hours of rehearsal time. The cast and crew delivered 6 sold-out performances.

HOW THE COMMUNITY FOUNDATION HELPS

2013-2015
\$186,000

Grants
41

Communities
18

Funding For: Historical villages, musical instruments (elementary school through high school), music festivals, arts promotion, centennial community projects, gardens, Blackfoot culture

Communities: Cardston, Claresholm, Coaldale, Crowsnest Pass, Fort Macleod, Glenwood, Granum, Lethbridge, Magrath, Milk River, Pincher Creek, Raymond, Stavely, Stirling, Taber, Vauxhall, Vulcan, Wrentham



The publication of this Vital Signs report is generously supported by the following sponsors:



Our Mission

ATB Financial is the largest Alberta-based financial institution with 5,000 team members helping more than 697,000 customers in 242 Alberta communities. Like our clients, we're Albertans. We work beside them and with them in their communities, and we root for their success because it's our success, too.

Our Mission

Guided by our focus to remain a well-respected and trusted insurance brokerage, McKillop will strive to fulfill customer needs by finding the right products for the right price. This will be achieved with friendly and professional services by our staff. Our success will be driven by our people.

Our Mission

Young Parkyn McNab is a unique and innovative team pursuing excellence in a fun environment. We truly care about our clients, our people and our communities.

COMMUNITY FOUNDATION STAYS CONNECTED TO THE COMMUNITY

The Community Foundation extends its appreciation to all of the organizations and individuals who contributed information to this year's report:

- 5th on 5th Youth Services
- Alberta Health Services
- Allied Arts Council Lethbridge
- Be Fit For Life Centre, Lethbridge College
- Blood Tribe Economic Development
- Boys and Girls Club of Lethbridge
- Calgary Foundation
- Canadian Mental Health, Alberta South Region
- Cardston Elementary & Kids' Marathon
- Carriage House Theatre, Cardston
- Casa
- Chinook Arch Regional Library System
- Chinook Food Connect
- City of Lethbridge Departments:
 - Community and Social Development (CSD)
 - Housing First
 - Parks Planning
 - Wastewater Utility and Stormwater
 - Vibrant Lethbridge
- Claresholm Society of the Arts
- Claresholm and District Transportation Society
- Canadian National Institute for the Blind (CNIB)
- Coaldale Youth Action Committee
- Community Foundations of Canada, Ottawa
- Community Foundation of Northwestern Alberta
- Early Childhood Mapping Project
- Rev'd Canon Erin Philips
- Family Centre, Lethbridge
- FCSS Fort Macleod (Family & Community Support Services)
- Interfaith Food Bank Society of Lethbridge
- Lethbridge College Students Association
- Lethbridge Family Services
- Lethbridge Soup Kitchen
- Lethbridge Sports Council
- Lethbridge YMCA
- Oldman Watershed Council
- Opokaa'sin Early Intervention Society
- Sport For Life Society
- Southern Alberta Ethnic Association
- Town of Coaldale
- True Sport, Ottawa
- University of Lethbridge:
 - Advancement Office
 - Enrolment Services
 - Student's Union
- Victoria Park High School
- Willow Creek Composite High School, Claresholm
- Youth One
- YWCA Lethbridge



COMMUNITY FOUNDATION
LETHBRIDGE + SOUTHWESTERN ALBERTA

ABOUT US

Vision: Communities flourish through generosity.

Mission: The Community Foundation of Lethbridge and Southwestern Alberta provides an effective, flexible method for caring and generous individuals of all means to connect to worthy causes in southwestern Alberta.

Board Of Directors

- | | |
|---|---|
| Dennis Hatt
President (Lethbridge) | Geri Hecker
(Lethbridge) |
| Kevin Keith
Vice-President (Lethbridge) | Jason Comin
(Cardston) |
| Deborah Wescott
Treasurer (Lethbridge) | Kurt Schlachter
(Lethbridge) |
| Birthe Perry
(Chin) | Larry Helland
(Lomond) |
| Cliff Elle
(Pincher Creek) | Murray Pritchard
(Lethbridge) |
| Corrine Klassen
(Coaldale) | Randall Baker
(Pincher Creek) |
| Dianne King
(Lethbridge) | Steve Miles
(Lethbridge) |

Vital Signs Committee

- Birthe Perry**
Chair
- Corrine Klassen**
- Eric Hillman**
- Geri Hecker**
- Ronda Reach**
- Contact:**
Unit #50
1202 - 2nd Avenue South
Lethbridge, Alberta
T1J 0E3

Staff

- George Hall**
Executive Director
- Erin Vogt**
Vital Signs Coordinator
- Caitlin Gajdostik**
Communications Coordinator
- Shannon Ingram**
Administrative Assistant

Phone: 403-328-5297
office@cflsa.ca



COMMUNITY FOUNDATIONS OF CANADA

VitalSigns
2015

Thank you to Community Foundations of Canada.

Special thanks to the Toronto Foundation for developing and sharing the Vital Signs concept and Community Foundations of Canada for supporting a coordinated national Vital Signs initiative.

For more information visit: www.vitalsignscanada.ca.

